

Omni PILATES

REFER A FRIEND RECEIVE A SESSION FREE

YOGA, YOGA, YOGA

This month our yoga classes will be:
 Saturday (Essential Yoga) 6/9
 Saturday (Essential Yoga) 6/23
 All other sessions will be announced

Book online or in person!

HELP US... HELP YOU!

Take a quick survey to help us improve Omni Pilates and better cater to you!
<https://bit.ly/2L7gMZW>

E-mail or remind us when you come in if you plan to be out of town sometime this summer!

REVIEW US ON FACEBOOK AND YELP

Leave a review on Facebook or Yelp for a 20% discount on drop-ins! *
 *not including introductory sessions

NEW CLASSES COMING SOON

New classes are soon to come! We are looking forward to adding more variety to our schedule!

ALSO HAPPENING:

COMMUNITY OUTREACH

This summer we are bringing back Pilates in the Plaza! Every Saturday in June we will be out in Buddy Holly Plaza sharing a workout with the community on the mat.
 (6/2, 6/9, 6/16, 6/23, 6/30)

Sessions will be from 9:00 am – 9:30 am just as the Farmer's Market downtown is heating up! Put these on your calendar and bring your friends – it is completely free.

NATIONAL BEST FRIENDS DAY!

June 8th is national best friends day! Come join us, and purchase one Introductory session and receive one free for your bestie!
 *this deal will be available from June 8th-June 15th
 *intro sessions must be booked at the same time

FATHER'S DAY SPECIAL

To all the amazing fathers out there and all the families that are blessed to call them theirs, we have some [specials](#) to celebrate you this week leading up to Father's Day!!

From June 13th-May 20th we will be having 30% off all drop in classes! This includes privates, duets, private groups (up to 4 people), and open groups you can join!

