

Omnipilates

REFER A FRIEND RECEIVE A SESSION FREE

YOGA, YOGA, YOGA

This month our yoga classes will be:
Saturday (Essential Yoga) 5/12
All other sessions will be announced

Book online or in person!

STOTT PILATES CERTIFICATION

This summer we will be hosting a STOTT Pilates certification session at an exclusive price. If you or anyone you know would be interested in becoming STOTT Pilates Certified please email us at omnipilates@outlook.com or call the studio at 806-701-5444 so we can talk about the details!

This is an amazing opportunity that we would love to share with everyone who loves Pilates just as much as we do!

WELCOME YULITZA!

Our newest apprentice, a Tech Student aspiring to go to medical school is hard at work starting her road to a Pilates Certification. Give her a high five next time you see her!

SHARE, SHARE, SHARE

This video is intended for advertising purposes, and we'd like to share it with you, so you can pass it along to people you know!

<https://youtu.be/H46Cv5O3fvc>

ALSO HAPPENING:

COMMUNITY OUTREACH

This summer we are bringing back Pilates in the Plaza! Every Saturday in June we will be out in Buddy Holly Plaza sharing a workout with the community on the mat.

Sessions will be 9:00 am – 9:30 am just as the Farmer's Market downtown is heating up! Put these on your calendar and bring your friends – it is completely free.

MOTHER'S DAY SPECIALS

Starting May 9th-16th we will be having a special of 30% off all drop-in classes. We have privates, duets, private groups (up to 4 people) and open groups you can join!

Give it to mom as a gift or bring in the family for a fun day of fitness!

****Minimum age of 15 years old for safety****

PILATES DAY/CINCO DE MAYO

May 5th is National Pilates Day and Cinco de Mayo! Come celebrate these two holidays with a little combo of fitness and fun!

We will have a discounted group class at \$25 per person at 1pm with a complimentary margarita afterwards to get in the holiday spirit.

Call the studio or click going on our Facebook event to save your spot in the class!